Career, Leadership and Mentorship
Washington Psychiatric Society Initiative

Eliot Sorel, M.D., D.L.F.A.P.A., Founder, Chair
Hind Benjelloun, M.D., Vice-Chair
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WPS CLM Outline

• Mission and vision
• Antecedent tributaries
• Topics highlights
• Accomplishments highlights
• Publications
• Lessons learned
• Future directions
Mission and Vision

- Identify and role model various career pathways
- Academic, research, clinical, policy, others
- Facilitate, nurture organizational leadership opportunities
- Mentor with clarity, consistency, continuity, care
- Engagement at local, regional, national & international levels
- Contribute to MITs & ECPs career & leadership development
- Enhance DB’s & APA’s membership and leadership

Antecedent tributaries

- First DC PGY I & II Psychiatric Residencies meeting
- Cosmos Club Health Group & DC Psychiatric Society, WPS Chapter
- Cosmos Club, September 2005
- Washington Psychiatric Society Board deliberations 2006/7
- WPS Board approval 2007
- APA Area III Council endorsement 2007
- $5,000.00 per year
- Dedicated mentors group: Chiefs, MITs, ECPs and Senior Psychiatrists
Highlights of topics to date

- Why should I care about the APA
- Private practice: Setting up shop
- Academic research track
- Public sector, private sector Psychiatry
- Balancing your professional & family lives
- Leadership opportunities for MITs and ECPs
- Opportunities for physicians from underserved groups
- The practitioner scholar
- Leadership: Principles & guidelines

Career & Leadership Accomplishments Highlights of CLM Alumni

- Careers-Research, education, public, private practices
- Leadership:
  - DB Board, elected officers as MITs & ECPs
  - DB Committee Chairs, Newsletter Editor
  - APA Area III Council
  - Chapter Presidents, first year as ECPs
  - Assembly Work Group members
  - Member, Board of Trustees
  - APA Tellers Committee
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Publications

Career & Leadership Development: Making It Our Priority
The Residents Journal, January 2009, Volume 4, Issue 1

APA Assembly Leadership Manual, 2010 developed by the APA Assembly Leadership Work Group

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Lessons Learned

- Citywide, across training programs, public, private sectors combined
- Remarkable source of new learning, networking & growth
- CLM initiatives essential for DBs vitality, renewal and development
- Mentors across generations-MITs, ECPs, Mid & Late Career
- ICT & financial resources –DB, Area Councils, APA
- Stimulating fresh, new thinking in membership development

Future Directions

- Appoint CLM alumni to lead DB membership committees
- Integrate CLM initiatives and Membership Development
- DB Execs and DB staff support for both
- Evaluate at least annually
- Share lessons learned with other DBs
- Enhance existing academic, organized psychiatry cooperation
- Expand CLM initiatives across DBs and across medicine