

“A true leader has the confidence to stand alone, the courage to make tough decisions, and the compassion and wisdom to listen to the needs of others. He does not set out to be a leader, but becomes one by the quality of his actions and the integrity of his intent.”

--Anonymous

Developing Our Careers, Enhancing Our Leadership Skills 2009

Welcome DC Psychiatry Residents!!!

We are enthusiastic and energized to bring the 2009 edition of *Developing Your Career, Enhancing Your Leadership Skills!* This is the first, “the kick off,” of our series of open-discussion seminars tailored to the interests of Washington DC members in training (MITs) and early career psychiatrists (ECPs). This year 2009, we have improved the design of our series significantly based on feedback from you, the residents! The format has been amended in order to give residents free reign to explore wisdom from mentors and peers in a more friendly, collegial environment.

This is the second year of this Washington Psychiatric Society (WPS) membership development initiative based on a grant of \$5000 that was renewed for to the WPS Delegation at Area 3. September 2005, the date of the first Washington, D.C. area gathering of PGY I & II (hosted by the Cosmos Club Health Group and the DC Chapter and led by Drs. Constance Dunlap, Maryam Razavi and Eliot Sorel) marks the commencement of this continued collaborative effort to bring area psychiatry residents together! We would like to continue in this spirit of union and connect area psychiatry residents, fellows, and early career psychiatrists and hope to strengthen outreach to our medical student community. Our career and leadership goals include:

- mentoring all interested District of Columbia Psychiatry Residents during their Residency training and while transitioning into their Early Career years
- addressing individual residents’ interest and career choices including membership, participation, and leadership in our APA at District Branch, Area and National levels

A monograph is provided as a take-home for every resident who attends a *Developing Your Career, Enhancing Your Leadership Skills* seminar. We designed the monograph to be a diverse guide of resources and contact points for the MIT and ECP interested in exploring their career and leadership endeavors in psychiatry. We also highly encourage you to apply for membership to the American Psychiatric Association, if you are not already member. Our goal is 100% APA membership for DC Psychiatry Residents by 2010. Thank you for participating! We are anticipating a productive, fun interaction!

The following lists the five seminars this year 2009.

(1) The Practitioner Scholar*—Wed, January 14th

Dr. Janice Hutchinson

* Featuring *Losing Control: Loving a Black Bipolar Child*

(2) Setting Up Shop—Wed, February 11th

Dr. Michael Houston

(3) Choosing Public Psychiatry—Wed, March 11th

Drs. Roger Peele & Robert Kiesling

(4) Balancing Work & Life, Private Practice Psychiatry—Wed, April 22nd

Drs. Catherine May & Kayla Pope

(5) Career & Leadership, Challenges & Opportunities for Physicians from Underserved Groups—

Wed, May 6th

Dr. Annelle Primm

*Respectfully submitted,
Hind Benjelloun, Vice Chair*

Developing Our Careers, Enhancing Our Leadership Skills

*A Washington Psychiatric Society
Membership Development and Excellence Initiative*

Dear Colleagues and Friends,

You are most cordially invited to join us, at the Washington Psychiatric Society's ***Developing Our Careers, Enhancing our Leadership Skills 2009 edition*** aimed at our Members in Training (MITs), Early Career (ECPs) colleagues, and newly emerging leaders, the future of our profession. It was launched at Buca di Peppo's restaurant, 1825 Connecticut Avenue, N.W., on Wednesday, January 14th, at 7:00 pm.

This year's innovative initiative will address *the practitioner scholar, setting up shop, public and private psychiatric practices, career and leadership challenges and opportunities for psychiatric physicians from underserved groups*. We will also explore the catalytic role that our American Psychiatric Association plays, at local and national levels, in all of these areas.

We anticipate that at the completion of this program, our participating colleagues will have learned how to better ***develop the career path*** of their choice, will have acquired ***enhanced leadership skills***, and will join with us in becoming members of our APA exercising, in that context, their leadership skills and also furthering their careers. We hope to have ***all our WPS MITs become APA members by mid 2010***.

We are most grateful to our APA's Area III for the generous grant supporting our program for its second year in a row.

In this 60th anniversary year of WPS, it has been a great pleasure and a distinct honor to work with a group of very talented Residents and senior colleagues to develop this year's program. Our program is scheduled to take place on a monthly basis at the same location. Full details of our program and its superb team, are included in this monograph. We hope and wish that many of you will join us during its course, this winter and spring.

We look forward to seeing you there.

With best wishes,

Eliot Sorel, M.D., D.L.F.A.P.A.
Program Chairman

Washington, D.C., January 9th, 2009

Developing Our Careers, Enhancing Our Leadership Skills

*A Washington Psychiatric Society
Membership Development and Excellence Initiative
2009*

Chair: Eliot Sorel

Vice-Chair: Hind Benjelloun

***Executive Committee: Susan Kinkead Acree, Shanique Cartwright, Linsong Fu,
Kenyatta Jones, Humaira Siddiqi***

**The Presenters: Michael Houston, Janice Hutchinson, Robert Keisling, Catherine May,
Roger Peele, Kayla Pope, Annelle Primm, Eliot Sorel**



Developing Our Careers, Enhancing Our Leadership Skills

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Developing Our Careers, Enhancing Our Leadership Skills

The Practitioner Scholar—Wed, January 14th

Dr. Janice Hutchinson

* Featuring *Losing Control: Loving a Black Bipolar Child*

Presentation Highlights:

- Demographics and epidemiology
- What is bipolar in children?
- Mrs. Dr. Joubert and her bipolar daughter Maya- excerpts from the book, from prenatal period to the present, the unfolding of a disease
- The doctor and the role of race

Losing Control: Loving a Black Bipolar Child

Dr. Janice Hutchinson

A true story, *Losing Control* chronicles an African-American mother's struggle with her daughter's mental illness, which after more than a decade of help-seeking, heartache and confusion, is finally determined to be bipolar disorder. Her difficulties in managing symptoms of her child's illness, the lack of social and emotional support, and the grief this mother faces as the diagnosis is finally determined are vividly and courageously discussed. A medical perspective on bipolar disorder, including definitions, symptoms and treatment in a cultural context is provided. Resources to help families deal with the stigma attached to mental illness, and resources that can be helpful in managing its course are also provided.



Developing Our Careers, Enhancing Our Leadership Skills


Hitting the Road

Running...

**A Guide to a Variety of Opportunities for the DC Psychiatry Resident
and Early Career Psychiatrist**



Please visit the Residents' Village at: www.dcpsych.org/residents
Here are a few examples of this website designed for DC Psych MITs.




The Residents' Village

Uniting Residents in the Washington, D.C. Area and Linking Them with Others Nationally and Globally

January 11, 2009

- [Home](#)
- [Practice/Insurance/Opportunities](#)
- [Academics/Training](#)
- [Artistic Contributions](#)
- [Medical Students Interested in Psychiatry](#)
- [Mentor/Mentee Network](#)
- [Fellowships/Awards/Leadership](#)
- [Residents in the Community](#)
- [Professional Meetings](#)
- [Archive](#)



Welcome

Welcome to the *Residents' Village*! Our *Village* within the WPS site represents an area of the web that is designed to unite Washington DC psychiatry residents from the four psychiatry residency programs in DC--Georgetown, George Washington, Howard, and St. Elizabeth's--with the anticipation to expand ourselves nationally and globally! This web site will encourage residents to become increasingly proactive within APA politics and leadership, and guide residents to contribute to our Washington DC mental health community in addition to providing valuable tools throughout their residency. We envision the development of a new community. September 2005 marked the commencement of this collaborative effort to bring area psychiatry residents together by the first PGY I & II gathering at the Cosmos Club hosted by the Cosmos Club Health Group and from the DC Chapter, Drs. Connie Dunlap, Eliot Sorel, and Mariam Razavi.


As exemplified by the philosophy of the WPS web, our updated web site is intended to be a virtual meeting place for area psychiatry residents to share ideas, opinions, and thoughts about their psychiatry experience, and to collect valuable resources and references to guide them in their residency years.

Invitation to Join the DC Psychiatry Residents' Listserv!

The listserv is current active with members from all four DC area psychiatry residencies. Please join at:
<http://health.groups.yahoo.com/group/dcpsychresidents/>

Not An APA/WPS Member? Join NOW! Let's Get all DC Residents in the 100% Club!

http://www.psych.org/edu/res_fellows/rf/
January 14, 2009, 7:00 pm
Career & Leadership project kick off with the them "The Practioner Scholar"
Dr. Janice Hutchinson, speaker
Buca di Peppo restaurant, 1825 Connecticut Ave. NW
[more information...](#)
RSVP to Dr. Eliot Sorel - esorel@gmail.com, 202.293.2112





The Residents' Village

Uniting Residents in the Washington, D.C. Area and
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January 11, 2009

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Practice/Insurance/Opportunities

What documentation do I need to moonlight in the District of Columbia?

You will need your medical licence, a DC Controlled Substance Number, and a Federal DEA Number. You also need malpractice insurance. Some employers will pay your insurance, or you can purchase your own.

How do I apply for medical licensure in the District of Columbia?

The application is available online on the D.C. Department of Health web site at:
<http://hpla.doh.dc.gov/hpla/cwp/view,a,1195,q,488568.asp>

To apply, you will need:

- Two passport photos
- Three character references on the prepared forms available on the web site.
- AMA profile sent to the licensing office. You do not need to be a member of the AMA for this service. Available at: <https://profiles.ama-assn.org/amaprofiles/>
- All undergraduate, graduate, medical and professional school transcripts in a sealed envelope. You may need to request these from each institution; however, many schools make the transcripts available on the general web site <http://www.studentclearinghouse.org/>
- You will need to request your USMLE scores be sent directly from the boards to the licensing office at <http://www.fsmb.org/transcripts.html>
- Documentation of experiences after medical school. Usually includes a letter from the GME office verifying completion of PGY-1 year and any other experiences.
- Foreign medical graduates will need to provide appropriate certificates.

TIPS:

- Begin collecting all the documentation as soon as possible. Some of the transcripts may take longer to arrive than others.
- Have all the envelopes prepared for the references. The forms are simple but make it as easy as possible for those filling out the forms.
- Follow up with the Department of Health within a reasonable time to make sure all of the documents has reached the licencing office.
- The whole process can take anywhere from a few weeks to months, so start early.

How do I apply for a DC Controlled Substance Number?

- 1) Obtain a DC medical license.
- 2) Call the Department of Health at (202) 727-1000 and request a DC Controlled Substance Application be mailed to you (not available on-line).
- 3) Complete the form and send in appropriate materials to obtain your DC Controlled

Substance Number.

4) You may now go to the Federal DEA web site and apply for your Federal DEA Number.

This process usually takes days to weeks.

How do I apply for my Federal DEA number?

Application for a Federal DEA number can be done on-line at:

<http://www.deadiversion.usdoj.gov/drugreg/index.html>

NOTE:

- You must have your state medical license number prior to applying for the Federal DEA number.
- Some states such as DC require a State Controlled Substance Number in addition to the Federal DEA Number. (see above)

How do I obtain private malpractice insurance?

Many companies offer professional liability insurance; however, probably the cheapest and easiest coverage to obtain is through the APA endorsed program called the “Psychiatrists’ Program.” They specialize in coverage for psychiatrists and offer significant discounts for part-time and moonlighting work and for early career psychiatrists. Discounts and special features include:

- Early Career Psychiatrists: includes an offer for a complimentary CD-ROM full of risk management articles and multimedia presentations tailored for Early Career Psychiatrists, a link to a glossary of insurance terms, a “Before You Sign” checklist, and information on ECP discounts.
- Moonlighting: includes information on valuable moonlighting discounts as well as an offer for complimentary risk management materials.

How do I apply for medical licensure in Virginia?

Each state has its own variation of rules and documents required for licensure application. Please see the web site for details.

http://www.dhp.state.va.us/medicine/medicine_forms.htm#MedicineandSurgery

How do I apply for medical licensure in Maryland?

Each state has its own variation of rules and documents required for licensure application. Please see the web site for details.

http://www.mbp.state.md.us/forms/dr_initial.pdf

How do I apply for and take the Psychiatry Boards?

See the web site for the American Board of Psychiatry and Neurology for information on becoming board certified. <http://www.abpn.com/>

The exam schedule is found at http://www.abpn.com/exam_schedules.htm

NOTE: Part 1 (written) of the exam is given in October/November each year, and the deadline is February 1 st of that year. *A graduating resident will need to apply for the exam in February of the final year to take the exam the October/November after completion of the program.* Once you pass Part 1 of the exam, you are contacted and assigned a place and date to take Part 2 (oral).

Moonlighting During Residency

<http://pn.psychiatryonline.org/cgi/content/full/39/5/10>

Moonlighting at the DC Jail

The DC Dept of Corrections is starting a new project, w/ a large grant, to

provide mental health assessment in the DC jail, SE DC , next door to DC General hospital and the stadium.

The project starts Oct 1, w/ many new jobs available, but specifically, evening and weekend moonlighting positions for psychiatry residents. Pay is hourly, at a competitive moonlighting rate, w/o benefits.

You must have a valid DC medical license and DEA # w/ class II perscription auth. Malpractice insurance is covered by the grant sponsor; Unity Health Care.

If you are interested, please contact Dr Robert Keisling;
rkeisling@unityhealthcare.org

Links concerning psychiatry practice and insurance:

APA Practice Guidelines

http://www.psych.org/psych_pract/treatg/pg/prac_guide.cfm

APA Career Corner

http://www.psych.org/career_corner/jobbank/

APA Practice Management for Early Career Psychiatrists Handbook

<http://www.psych.org/members/ecp/bk/ecpbook02-wlinks.pdf>

APA Endorced Professional Liability Insurance Program

<http://www.psychprogram.com/>

The American Board of Psychiatry and Neurology

<http://www.abpn.com/>

Schedule for Psychiatry Board Exams

http://www.abpn.com/exam_schedules.htm

2006 Psychiatry Salary Survey:

<http://www.locumtenens.com/psychiatry-careers/2006-psychiatry-salary-survey-report.pdf>

ATTENTION DC PSYCH RESIDENTS:

Please join the Washington DC Psychiatry Residents' Listserv at:

<http://health.groups.yahoo.com/group/dcpsychresidents/>

Developing Our Careers, Enhancing Our Leadership Skills

Awards/Fellowships/Travel Opportunities

American Association of Directors of Psychiatric Residency Training

George Ginsberg-AADPRT Fellowship Award

-- to reward the accomplishments of residents interested in education and teaching travel and participation in annual meeting

For further details, contact: aadprt@psychiatry.uhc.edu

American Association of Directors of Psychiatric Residency Training

International medical Graduate mentorship Program in psychiatry

-- to promote the professional growth of promising international med. Graduates mentorship, travel and expenses at PG 2 or 3, or 4 if going to fellowship

For further details, contact: aadprt@psychiatry.uhc.edu

The American College of Neuropsychopharmacology

Graduate Education Program Awardtravel

-- to encourage the involvement and development of young teacher-scientists in psychopharmacology travel to ACNP

For further details, contact: acnp@acnp.org

The American College of Neuropsychopharmacology

Memorial Travel Awards

--to support the attendance of young investigators (under 40) at the ACNP meetings

For further details, contact: acnp@acnp.org

The American College of Neuropsychopharmacology

Postdoctoral Fellowship Awards for Minorities

-- to encourage the development of young scientists of ethnic and racial minorities who have demonstrated professional and scientific interest in the field of neuropsychopharmacology.

For further details, contact: www.acnp.org acnp@acnp.org

American College of Psychiatrists

Award for Creativity in Psychiatric Education

--to award a program which fulfills the criteria established by the education award committee

For further details, contact: ACP, 510-704-8020

The American College of Neuropsychopharmacology

Laughlin Fellowship Program

-- support travel and costs to attend annual ACP meeting

For further details, contact: Anne Ornelas de Lemos, Anne@ACPsych.org

The American College of Neuropsychopharmacology

Prite Fellowship

to help write the examination travel expenses, membership on Prite committee

For further details, contact: Carol Bernstein MD, 510-704-8020

American Academy Psychiatry and the Law

Rappeport Fellows

--opportunity for outstanding residents with interest in psychiatry and the law to develop their knowledge and skill

For further details, contact: Donna Schwartz-Watts MD, 803-434-4698

American Foundation for Suicide Prevention

Postdoctoral Fellowship

-- to enable young investigators to qualify for independent careers in suicide research

For further details, contact: www.afsp.org/888-333-afsp

American Psych Institute of Research and Education

Kemp Award award and support

-- award student and mentor 1.5K to senior researcher and 20K to young research working with senior researcher

For further details, contact: eguerra@psych.org

American Psych Institute of Research and Education

Lilly Psychiatric Research Fellowship

-- focus on research and personal scholarship

For further details, contact: eguerra@psych.org

American Psych Institute of Research and EducationPsychiatric

Research Fellowship

-- support post-graduate trainees with research experience, specifically to focus on research and scholarship

For further details, contact: eguerra@psych.org

American Psych Institute of Research and Education

Young Faculty Award for Research Development in Biological Psychiatry Award

-- to support research by a junior faculty member in the biology and psychopharm of mood disorders and/or anxiety disorders.

For further details, contact: eguerra@psych.org

American Psychiatric Institute

Janssen Scholars in Research on Severe mental Illness Fellowship fellowship

to encourage residents to choose career in clinical and health services research in areas related to schizophrenia, bipolar illness or other forms of severe mental illness

For further details, contact: 202-682-6127 or eguerra@psych.org

American Psychiatric Institute

Health Services Research Scholars program research

-- to make their mental healthcare dataset available for research purposes

For further details, contact: prntemp@psych.org

American Psychoanalytic Association

Fellowship Program

-- encourage and extend interest in psychoanalysis/attendance at 2 annual meetings, subscriptions to journal, mentorship--note: even non-nonawardees get mentors

For further details, contact: 212-752-0450 x12 (<http://apsa.org/fellows>)

Anxiety Disorders Association of America

Junior Faculty Research Grants

--to increase the pool of independent investigators with interest in anxiety

For further details, contact: www.adaa.org 301-231-9350

APA/Aventis Annual Meeting Travel Program for Women Residents in Psychiatry

Travel Award

-- awards female residents interested in future leadership positions in organized medicine and in the APA/supports travel and expenses for APA meeting

For further details, contact: Tara McLoughlin, 202-682-6171

tara@psych.orgwww.psych.org/women/womenresidents.cfm

APA/Bristol-Myers Squibb

Fellowship Program

-- to heighten awareness of psychiatric opportunities in the public sector, to contribute to professional development

For further details, contact: bedner@psych.org

APA/Janssen Resident

IPS Travel Scholarship Program

-- supports travel and costs to attend Institute on Psychiatric Services travel and participation in annual meeting

For further details, contact: Nancy Delanoche Ndelanoche@psych.org or 202-682-6126

APA/Lilly

Psychiatric Research Fellowship

-- conduct research and for personal scholarship, 45K residents about to complete, demonstrates potential for research but not yet extensively trained

For further details, contact: Darrel A Regier, MD, MPH, American Psychiatric Institute of Research and Education, 1400 K street, NW, Washington DC 2005

APA/Lilly

Resident Research Award Competition award Eli Lilly and Co. 11-Decwards -
- the best, original, unpublished scientific paper, \$1500 to resident, \$1000 to program
For further details, contact: Sherrie Batey @ (203) 682-6098

APA

Award for Research in Psychiatry

--lifetime achievement award 5K, awarded at APA citizen of US, sponsor has to be APA member

For further details, contact: Harold Goldstein, Ph.D, goharold@psych.org

APA

Daniel X Freedman Congressional Fellowship

-- offer an exciting, hands-on educational experience in Federal health policy by working directly with a US Senator or Congressman in DC (6 months)

For further details, contact: Barbara Matos 202-682-6286 or bmatos@psych.org

APA

Minority Fellowship Program in Psychiatry

--to provide recipients with the means to engage in or expand activities that address culturally relevant aspects of mental health in their residency training

For further details, contact: mking@psych.org

APA

Research Colloquium for Junior Investigators

-- provide guidance, mentorship and encouragement to young investigators in the early phases of their training

For further details, contact: eguerra@psych.org

APA

Young investigator's breakfast award

-- to honor young investigators interested in research

For further details, contact: eguerra@psych.org

APA

Drug Abuse Research Scholars Program in Psychiatry

-- identify and promote junior faculty psychiatrists who are esp. promising candidates for careers in drug abuse clinical and health services research support and mentoring

For further details, contact: eguerra@psych.org

Association of Women Psychiatrists

AWP/Wyeth-Ayerst Fellowship Program

-- developing leadership of potential, interim in and commitment to women's health and academic excellence and community mental health service 2.5K stipend to attend For

further details, contact: womenpsych@aol.com

Howard Hughes Medical Institute

Postdoctoral Research Fellowship for Physicians

-- interns, residents wanting full time training in fundamental research

For further details, contact: www.hhmi.org grantpos@hhmi.org

Howard Hughes Medical Institute

Research Training Fellowships for medical students fellowship (several types)

-- medical student wanting research experience

For further details, contact: www.hhmi.org gpub@hhmi.org or fellows@hhmi.org

NARSAD

Young Investigator Award

-- enable promising investigators to either extend their research fellowship training or to begin careers as independent research faculty

For further details, contact: amoran@ix.netcom.com

National Consortium of Residents

Fitzhugh Mullan Award to Resident Leadership

-- to acknowledge residents involved in community and other leadership positions, who "find the time to make a difference"

For further details, contact: www.residents.org

National Institute of Healthcare Research

John Templeton Spirituality and Medicine Award for Psychiatry

-- to award programs in subject area of spirituality and medicine

For further details, contact: www.nihr.org

NIMH

Outstanding Resident Award

-- to honor PGY-2 psychiatric residents with outstanding academic potential attendance at NIH awards program

For further details, contact: office of fellowship training, NIMH, 301-496-8032

NIMH

Program for Minority Research Training in Psychiatry

--sponsor full-time research training of minority medical students, psychiatric residents and post-resident fellows

For further details, contact: James Thompson, 1-800-852-1390 or eguerra@psych.org

Pfizer

The Pfizer Postdoctoral Fellowship Grants in Biological Psychiatry research

-- "to provide support to promising physicians who wish to conduct original research in an academic environment

For further details, contact: physicianscientist.com

Pfizer

Visiting Professor Program in Psychiatry

-- "to advance the study of psychiatry by sharing cutting-edge clinical and research knowledge among medical schools and teaching hospitals in the US"

For further details, contact: 1-800-201-1214

Rockefeller Bros. Foundation

Charles E Culpeper Scholarships in Medical Science

-- to provide US medical schools with up to 3 years of support, including salary and core research expenses, on behalf of carefully selectee physicians of high potential achievement who are committed to careers in academic medicine

For further details, contact: www.rfbf.org 212-812-4200

American Society of Clinical Psychopharmacology

Travel Award

--resident with interest in clinical psychopharmacology

For further details, contact: 212-268-4260

American Academy of Psychoanalysis

Paper award

-- honors the psychiatric trainee authors who submit the two best clinical papers ear year award, presentation at meeting and submission to journal

For further details, contact: aapny@aol.com

Society of Biological Psychiatry

Lilly Travel Fellowship award

-- to aid in training of a new generation of psychiatric academicians 1.5K for travel to annual meeting

For further details, contact: 904-953-2842

American Association of Directors of Psychiatric Residency

Peter Henderson MD Memorial Award

-- award for the best unpublished paper in the general area of Child and Adolescent Psychiatry

For further details, contact: aadprt@psychiatry.uchc.edu

Developing Our Careers, Enhancing Our Leadership Skills

Psychiatric Conferences Worldwide

<http://www.conferencealerts.com/psychiatry.htm>

January 2009

- 12 Behavioral Health & Addictive Disorders Conference - 25 Credit Hours for Continuing Education (CEUs) Clearwater Beach Florida
- 24 17th European Congress of Psychiatry Lisbon Portugal
- 24 17th European Congress of Psychiatry - AEP 2009 Lisbon Portugal
- 26 23rd Annual San Diego International Conference on Child & Family Maltreatment San Diego CA

February 2009

- 05 Psychological Needs of Returning Veterans Online Webcast
- 09 SECAD 2009 (Southeast Conference on Addictive Disorder) Atlanta Georgia
- 17 Annual Kasr Al Ainy International Psychiatry Conference: Psychiatry across the Life Cycle Cairo Egypt

March 2009

- 04 Expanding Our Horizons: Moving Mental Health and Wellness Promotion into the Mainstream Toronto Canada
- 05 Therapeutic & Alcohol/Drug Interventions Conference Las Vegas Nevada
- 06 Molecular Basis of Psychoses/The Molecular Basis for Schizophrenia and Bipolar Disorder Keystone Colorado
- 06 Treating Tobacco Dependence in Mental Health Settings New Brunswick New Jersey
- 08 19th Annual Rotman Research Institute Conference - COGNITIVE AGING: RESEARCH & PRACTICE Toronto Canada
- 12 Anxiety and Health: Translating Basic Science into Practice Santa Ana Pueblo New Mexico
- 12 Aging In Wisconsin Oconomowoc Wisconsin
- 15 National Association of Social Workers the Aging Boom: Is Your Clinical Practice Ready ? Las Vegas Nevada
- 17 ACCESS Abu Dhabi 2009 Abu Dhabi United Arab Emirates
- 25 Latino Social Workers Conference 2009 Chicago IL
- 26 1st International Conference on Psychology and Education - Practices, Training and Research Covilha Portugal
- 26 Sixth International Conference on Positive Behavior Support Jacksonville Florida
- 26 7th Las Vegas Adolescents/Young Adults Conference Las Vegas Nevada
- 27 Are We Mad? Critical Perspectives on the Canadian Mental Health System Edmonton Canada

April 2009

- 16 8th International Conference on the Care & Treatment of Offenders with a Learning Disability Preston United Kingdom

- 22 Process Addictions the Next Dual Diagnosis Conference Las Vegas NV
28 Challenges in the Outcome of Psychiatric Disorders Jeddah Saudi Arabia

May 2009

- 05 14th International Conference Neuropsychiatric, Psychological & Social Developments in a Globalised World Athens Greece
14 Mental Health and the Issues Facing Society: Rehabilitation, Social Involvement and Professional Integration Mondorf-les-Bains Luxembourg
20 NIHR Mental Health Research Network National Scientific Conference Nottingham United Kingdom
24 RANZCP 2009 Congress - Living in Interesting Times Adelaide Convention Centre Australia

June 2009

- 09 Annual International Behavioral Neuroscience Society Meeting Manzanillo Mexico
23 Division of Forensic Psychology Conference Preston United Kingdom
24 IASSID 2nd Annual Asia Pacific Conference Singapore Singapore
28 9th World Congress of Biological Psychiatry Paris France
29 New Directions in Welfare Oxford United Kingdom

July 2009

- 13 Fourth International Conference on Child and Adolescent Psychopathology London United Kingdom

September 2009

- 09 NAPICU 2009 Warwick United Kingdom

October 2009

- 14 Fifth International SIVUS Conference on Mental Retardation Dhaka Bangladesh
22 6th European Congress on Violence in Clinical Psychiatry - Assessing, treating and caring for potentially violent patients Stockholm Sweden
In line with earlier editions, the 6th European Congress on Violence will focus strongly on clinically relevant and practically useful interventions aiming at treating and reducing violent behaviour of psychiatric and forensic patients.

November 2009

- 02 U.S. Psychiatric and Mental Health Congress Las Vegas Nevada

December 2009

- 12 Q-MEDEC Doha Qatar

June 2010

- 06 International College of Neuropsychopharmacology (CINP) Hong Kong China

Developing Our Careers, Enhancing Our Leadership Skills

2009

A WPS Membership Development Project

EVALUATION OF C & L SEMINAR

Topic: The Practitioner Scholar

Date: January 14, 2009 Your name (optional): _____

We would greatly appreciate your feedback on this event, and will use your comments and ratings for future planning. Please answer the questions below, using the following rating scale:

1= Poor, or not at all 3 = Good, or somewhat 5=Excellent, or to a great degree

- 1. Rate the **content** of the seminar: 1 2 3 4 5
- 3. Rate the **process** of the presentation (e.g., was the presentation delivered in a manner that best communicated the content): 1 2 3 4 5
- 3. Rate the degree to which you believe this seminar is or will be **helpful to you in your career**: 1 2 3 4 5
- 4. Rate the degree to which this seminar improves your **network of colleagues and mentors** in psychiatry: 1 2 3 4 5
- 5. Rate how the helpfulness of the **monograph**: 1 2 3 4 5

6. If this seminar **DID NOT** meet some or all of your **expectations**, please elaborate in the space below:

Developing Our Careers, Enhancing Our Leadership Skills

Biographies

► **Michael Houston, M.D.**

Michael Houston, M.D. is a Child, Adolescent & Adult Psychiatrist and a graduate of the Washington Center for Psychoanalysis. He is an Associate Clinical Professor of Psychiatry and Pediatrics at the George Washington University Medical Center where he is actively involved in the education of medical students and resident physicians. Dr. Houston is an active member of the American Academy of Child & Adolescent Psychiatry and is chair of their Committee on Healthcare Access and Economics and Vice Chair of the Assembly of Regional Organizations. He is president of the Washington Psychiatric Society and past president of the Child & Adolescent Psychiatric Society of Greater Washington. He is in full-time private practice in Chevy Chase, Maryland.

► **Janice Hutchinson, M.D.**

EDUCATION

Stanford University, Palo Alto, California	B.A.	09/65 - 06/69
University of Cincinnati, Cincinnati, Ohio	M.D.	09/69 - 06/73
University of Illinois, Chicago, Illinois	M.P.H.	07/79 - 06/80

POST GRADUATE TRAINING

Montefiore Medical Center Bronx, New York Pediatric Internship,		07/73 – 06/74
University of Cincinnati, Medical Center Cincinnati, Ohio Psychiatry Residency		07/74 – 06/75
Rush Presbyterian – St. Luke’s Medical Center Chicago, Illinois Pediatrics - Neonatology Residency		07/75 – 06/77
Institute for Juvenile Research/University of Illinois Chicago, Illinois Child Psychiatry Fellowship		07/83 – 06/86
St. Elizabeth’s Hospital Washington, DC Psychiatry Residency		07/86 – 06/87

INTERNATIONAL TRAINING

Attending Physician and Team Leader, Georgetown University, Medical Team XIV. Taught and supervised six (6) medical students and 2 residents in the outpatient department of Phanat Nikom Refugee Camp Hospital, 60 miles from Bangkok, Thailand.

04/82 – 06/82

John F. Kennedy Hospital, Liberia, West Africa, Patient Care - Taught in the city and country at Phoebe Hospital and in isolated village sites. 02/73 – 05/73

Stanford-in-Germany, Beutelsbach, Germany

I studied history, art language, and literature in Germany 06/67 – 12/67

BOARD CERTIFICATION

Child and Adolescent Psychiatry

11/02

Pediatrics

06/78

Adult Psychiatry

06/01

MEDICAL LICENSURE

District of Columbia

Current

Illinois

Not Current

New York

Not Current

Virginia

Not Current

PROFESSIONAL MEMBERSHIPS

American Academy of Pediatrics

Current

American Psychiatric Association

Current

American Academy of Child and Adolescent Psychiatry

Current

National Medical Association

Past

PROFESSIONAL EXPERIENCES

Examiner

Adult Psychiatry Boards

4/03 - present

Child Psychiatry Boards

11/03 – present

Board of Directors

Washington Psychiatric Society

2004--2006

Secretary,

Washington Psychiatric Society

2006-present

DC Legislative Representative

2007-present

Co-Convener

**Impulsivity and Aggression in Children
& Adolescents E.Y. Williams Symposium Howard
University Hospital (attendance of >400 people)**

06/03

Assistant Professor

Howard Hospital University

College of Medicine,

Department of Psychiatry

03/02 - present

Department of Pediatrics
Washington, DC

Director, Psychiatry Residency Training Program 03/02 - present
Howard University Hospital, Department of Psychiatry
Washington, DC

Psychiatrist, Research Grant 03/02 - present
NIMH/Howard Bipolar Genomic Study
Howard University Hospital, Department of Psychiatry
Washington, DC

Medical/Clinical Director 01/01 – 02/02
Jos-Arz Academy
Washington, D.C.

Medical Director 01/97 – 09/00
Child and Adolescent Services, Psychiatric Institute
Washington, DC

Consultant, Graydon Manor Residential Treatment Center 01/97 - 05/97
Leesburg, VA

Consultant, Graydon Manor Residential Treatment Center 01/97 – 05/97
Psychiatric Institute
Washington, D.C.

Administrator, Child and Youth Services Administration. 01/92 - 11/96
Department of Mental Health
Washington, D.C.

Medical Director, Child and Youth Services Administration 07/89 – 11/97
DC Commission on Mental Health (CMH)
Washington, DC

Staff Psychiatrist Child and Youth Services Administration 07/87 – 06/89
DC Commission of Mental Health (CMH)
Washington, DC

Medical Officer and Physicians Clinical Coordinator Commissioned Corps,
National Health Service Corps, Region V, 07/82 – 06/86
Chicago, Illinois

► **Robert Keisling, M.D.**

B.S. University of Tennessee 1968
M.D. University of Tennessee 1971

Phi Beta Kappa 1968

Board Certified in Psychiatry 1977

Fellow, American Psychiatric Association

Faculty appointments: George Washington University
Georgetown University
Howard University

Work experience:

1975-1976 Consultant, State Dept. Bangkok, Thailand.
1976-1980 Staff Psychiatrist, St. Elizabeths Hospital, Washington, D.C.
1980-1983 Medical Director, Marr Div. St. Elizabeths Hosp.
1983-1985 Director, Medical Support, St. Elizabeths Hosp.
1986-1998 Director, Emergency Psychiatric Services, Washington, D.C.
1990-1995 Chairman, Dept. of Psychiatry, D.C. General Hosp.
1991-1992 Chief Clinical Officer, D.C. Dept. of Mental Health
1992-1995 Adult Services Administrator, D.C. Dept. of Mental Health
1998-1999 Medical Director, Forensic Services, St. Elizabeths Hosp.
1999-2007 Director, Behavioral Health, Unity Healthcare, Washington, D.C.
2007-present Medical Director, Pathways to Housing D.C.

► **Catherine May, M.D.**

Dr. May graduated from Indiana University Medical School in 1980. She completed a residency in Emergency Medicine at the University of Maryland Hospital a Psychiatry residency at St. Elizabeths Hospital in Washington DC. She is Board Certified in Psychiatry with Special Qualifications in Geriatric Psychiatry. Dr. May practices general adult psychiatry in Washington, DC. She is Clinical Assistant Professor of Psychiatry at George Washington University School of Medicine and Howard University School of Medicine. She supervises residents in Psychodynamic Psychotherapy and teaches in the Ethics Seminar. Dr. May is a past president of the Washington Psychiatric Society and past chair of the Ethics Committee. She is currently a Washington Psychiatric Society Representative to the American Psychiatric Association Assembly. Dr. May serves on the Board of Woodley House Programs. She participated in a SAMHSA team providing mental health services following Hurricane Katrina and has continued those efforts. She is active in her community, serving two terms as Advisory Neighborhood Commissioner for ANC3C08 in the District of Columbia government.

► **Roger Peele, M.D.**

Positions.

Thirty-five years at Saint Elizabeths in trainee, trainer, clinical, forensic, and administrative roles.
Three years at Northern Virginia Mental Health Institute in clinical and administrative roles.
Three years at George Washington University in teaching and attending roles.
Seven years as Chief Psychiatrist, Montgomery County government -- present position.

Academic roles.

Faculty at Saint Elizabeths, George Washington University and Howard University most of the last 48 years.

Chair of Psychiatry at Saint Elizabeths for 16 years.

Publications and Presentations.

About 50 different topics [listed at RogerPeele.com], often enhanced by others, especially enhanced by MITs.

APA activities.

On the Washington Psychiatric Society's Board of Directors since 1974

A member of the Assembly since 1975, including a year as Speaker of the Assembly

A member of the APA Board of Trustees about half the years since 1985.

Participant in many components, the most satisfying have involved DSM-III, IIR, IV and V.

► Kayla Pope,

Kayla Pope, MD, JD, is a child and adolescent psychiatry research fellow at Children's National Medical Center and the National Institute of Mental Health. Dr Pope received her general psychiatry training at the University of Maryland/Sheppard Pratt and attended medical school at George Washington University. Prior to medical school, Dr Pope worked as an attorney, specializing in family law and child advocacy. She also spent two years at the AACAP, where she was the Director of Research and Training. Dr Pope's professional interests have included residency training and resident quality of life, and she has worked with the APA, AMA and the ACGME on these issues. Her research interests include the neurobiology of conduct disorder and the effects of early trauma on development.

► Annelle Primm, M.D.

Annelle B. Primm, M.D., MPH is the Director of Minority and National Affairs for the American Psychiatric Association. She is also an Associate Professor of Psychiatry at the Johns Hopkins School of Medicine. From 1993 until 2004, she served as the medical director of the Johns Hopkins Community Psychiatry Program, a community mental health center, where she developed and oversaw a variety of mental health services for adults.

Dr. Primm is a graduate of Harvard-Radcliffe College and Howard University College of Medicine. She completed her residency in Psychiatry, fellowship in Social and Community Psychiatry, and Masters of Public Health degree at Johns Hopkins.

She is a nationally recognized expert on cultural issues in psychiatry and co-occurring psychiatric illness and substance abuse and has written and lectured widely on these topics. Dr. Primm has been a leader in collaborative public educational outreach and mental health screening initiatives focused on medically underserved populations. She is producer and host of two educational videotapes, Black and Blue: Depression in the African American Community and Gray and Blue: Depression in Older Adults.

Dr. Primm is a Distinguished Fellow of the American Psychiatric Association, a member of the American College of Psychiatrists, and currently serves as Vice President of the American Association of Community Psychiatrists. Dr. Primm is serving her second term as Vice President for Public Education of the Mental Health Association of Maryland, an affiliate of the National Mental Health Association. She has received numerous awards and honors, including the 2001 Maryland Schizophrenia Service Award and an APA Presidential Special Commendation from then APA President, Steven Sharfstein, M.D. in 2006

Annelle B. Primm, M.D., MPH
American Psychiatric Association
Office of Minority and National Affairs
Leadership Highlights of 2004-2007

► **Eliot Sorel, M.D.**

Eliot Sorel, M.D., D.L.F.A.P.A., is an internationally recognized medical leader, practicing psychiatric physician, educator, and health systems policy technical advisor. His areas of expertise include also mood disorders, disorders related to traumatic events and complex emergencies, the integration of primary care, mental health and public health. He has, for the past several years directed and taught the Global Mental Health course in the School of Public Health and Health Services at the George Washington University where he has professorial appointments in Global Health, Health Services Management and Leadership as well as in Psychiatry and Behavioral Sciences in the School of Medicine. He chairs the Wellstone Award Committee of the Washington Psychiatric Society and is the chairman of the Scientific Committee of the XX World Congress for Social Psychiatry scheduled for Marrakech, Morocco in October 2010.

Dr. Sorel is former President and Chairman of the Board of the Medical Society of the District of Columbia, former President of the World Association for Social Psychiatry and of the Washington Psychiatric Society. In 1990 he founded the Conflict Management and Conflict Resolution Section of the World Psychiatric Association. He is a Fellow of the American College of Psychiatrists and a Distinguished Life Fellow of the American Psychiatric Association. He obtained his B.A. from New York University, M.D. from the State University of New York and psychiatric training at Yale University. He has developed and led psychiatric medicine and community mental health services in the Caribbean and North America, has consulted and taught in more than twenty countries in Africa, Asia, Europe and the Americas.

In 2004, the President of Romania awarded Dr. Sorel the *Star of Romania Order of Commander*. In addition to his academic, clinical practice, health policy and professional organizations activities, Dr. Sorel has served as a technical advisor on health systems for the Pan American and World Health Organizations, and as a television and radio commentator on health related matters. He is the author or coauthor of more than sixty scientific papers, book chapters and the editor of six books. His latest book, *The Marshall Plan: Lessons Learned for the 21st Century*, is now in print at OECD in Paris and accessible online at www.oecd.org.

In early May 2008, Dr. Sorel organized a coalition of academic centers, governmental, nongovernmental, and professional organizations and convened *the Lancet Global Mental Health Series, Americas' Launch at PAHO/WHO* in Washington, D.C., a catalytic and historic event promoting the integration of scientific evidence, advocacy and health policy with the goal of enhancing access to care and ending discrimination against the mentally ill, globally. In June 2008, he participated as PAHO/WHO advisor, in the *WHO Europe Health & Finance Ministers' meeting on Health Systems, Health & Wealth* in Tallinn, Estonia, that ratified the *Tallinn Charter*.

Dr. Sorel lives in Washington, D.C., is married and is the proud father of a son studying law & foreign affairs at Georgetown University and a daughter studying medicine at Harvard.