

Resources for Recovery

Shelter

Hypothermia Hotline – 202-399-7093; 1-800-535-7252
Homeless Hotline -301-864-7140; 1-888-731-0999

Mental Health

Suicide Prevention Hotline – 1-800-273-TALK (8255)
National Suicide Hopeline - 1-800-SUICIDE (2433)
DC VAMC - Mental Health Clinic – 202-745-800 ext. 8267; toll free: 1-888-433-0242 ext.
8267
DC Department of Mental Health - Access Help Line: 1 (888) 793-4357 (7WE-HELP)
Maryland Crisis Hotline - 1-800-422-0009
Crisis Services in Virginia – Crisis Link (703) 527-4077
PG County Crisis Response - 301-927-4500

DC Rape Crisis 24 hour hotline# 202-333-RAPE

Substance Abuse

Alcoholics Anonymous – 202-966-9115 – contact number for meetings in the area

Narcotics Anonymous- 202-399-5316– contact number for meetings in the area

Information & Referral

For a wide variety of free health and human service referrals you can talk with a certified call specialist by dialing 2-1-1 toll free, seven days a week from 8:30 a.m. to midnight.

Dial 2-1-1

Education

NAMI – National Alliance for the Mentally Ill- <http://www.nami.org/>
MD- (410)863-0470; email: namimd@nami.org
VA - (804)285-8264; email: namiva@comcast.net
DC – (202)546-0646; email: namidc@juno.com