“Pathways to Integration of Traumatic Experience: Individuals, Groups, Society.”
This theme highlights ISSTD’s special focus on (1) complex trauma, (2) the effects of complex trauma (i.e., myriad forms of fragmentation, including Complex PTSD and the Dissociative Disorders), and (3) integrative healing during the therapy.

| **Pre-Conference Institute featuring:** |
| **COMBAT TRAUMA: BOOT CAMP FOR CLINICIANS** |
| **Friday, November 20, 2009 8:30 am - 5:30 pm** |
| **COST: $175 (early registration- before Nov. 1, 2009)** |
| Register now at www.isst-d.org. |
| Program details below |
| **SPACE IS LIMITED!** |
| Special Thanks to Joan Turkus and Jan Freeman. |

**Abstract:**

We have now been at war in Iraq and Afghanistan for eight years. Over the next two years, 1.5 million of our military men and women will return from this war. Some 300,000 veterans of Iraq and Afghanistan have already been diagnosed with Posttraumatic Stress Disorder.

This workshop is a boot camp for mental health clinicians during which they can hone and reshape their trauma-treatment skills for effective work with those exposed to war trauma. Combat trauma affects not only our military men and women, but their families, co-workers, and communities as well. And, of course, the effects of war trauma go far beyond Posttraumatic Stress Disorder; they include depression, substance abuse, dissociative reactions, loss, traumatic grief, suicidality, and traumatic brain injury.

This day of coaching and training enables clinicians to assess and treat the effects of combat trauma in individuals and families. The faculty members are skilled teachers, drawn from military, veteran, and civilian backgrounds. Each will impart specific skill-building expertise. The day begins with a detailed review of military culture; this provides the necessary starting point for effective clinical work with these men and women. Combat trauma and its myriad sequellae are viewed through the lens of military culture. Comprehensive assessment includes not only the usual mental health intake, but also a detailed review of the individual’s experiences of war. It is vital to have an awareness of the serious comorbid issues, particularly substance abuse and suicidality (both passive and active). Integrative treatment for war trauma and its complications entails a “dual” diagnosis model and multiple treatment modalities. The treatment framework will include engagement and commitment to treatment, cognitive behavioral therapy, and appropriate trauma processing. We discuss what to avoid and the typical sticking points in this kind of clinical work. We will pay special attention to the treatment of families affected by deployment. Case vignettes, of both individuals and families, demonstrate assessment and treatment. Discussion periods are interspersed throughout the day.

The faculty includes a team of experts who represent each of the mental health disciplines. They are from the Uniformed Services University of the Health Sciences, Walter Reed Army Medical Center, Smith College of Social Work, Veterans Affairs, and Private Practice. For additional information on their professional biographies and the schedule of the day, visit our website.

**Make your reservations today!**

For more information or to register visit us on line at www.isst-d.org or contact us at info@isst-d.org
Combat Trauma: Boot Camp for Clinicians

SCHEDULE
Pre-Conference Institute - Friday, November 20, 2009
26th Annual Conference - International Society for the Study of Trauma and Dissociation
Marriott Wardman Park Hotel, Washington, DC

8:30 - 8:45  INTRODUCTION TO THE WORKSHOP  Joan Turkus, MD, Jan Freeman, LCSW-C
8:45 - 9:45  INTRODUCTION TO MILITARY CULTURE  LTC Jeffrey S. Yarvis, PhD, LCSW, MS
9:45 - 10:45  OVERVIEW OF COMBAT Trauma & SEQUELAE: PTSD AND MORE  LTC Mark C. Brown, MD-Presenter
              LORiD Patrick Santiago, Co-Author
10:45-11:00  COFFEE BREAK
11:00 - 11:45  CASE PRESENTATION: INDIVIDUAL SOLDIER  Jeffrey Jay PhD-Presenter
              Victoria Bruner LCSW, RN, BETS-Respondent
11:45-12:15  DISCUSSION OF MORNING PRESENTATIONS WITH WORKSHOP ATTENDEES  Jeffrey Yarvis, Mark Brown, Jeffrey Jay,
              Victoria Bruner, Joan Turkus
12:15 - 1:30  LUNCH BREAK (ON YOUR OWN)
1:30 - 3:00  INTEGRATIVE TREATMENT & CLINICAL ISSUES  LORiE Morris, PsyD
3:00 - 3:15  COFFEE BREAK
3:15-4:15  MILITARY FAMILIES  Kathryn Basham PhD, LICSW
4:15 - 5:00  CASE PRESENTATION: MILITARY FAMILY  Barbara Leiner MSW, LCSW-C -Presenter
              Kathryn Basham PhD, LICSW – Respondent
5:00 - 5:30  DISCUSSION OF AFTERNOON PRESENTATIONS WITH WORKSHOP ATTENDEES  LORiE Morris, Kathryn Basham,
              Barbara Leiner, Victoria Bruner, Joan Turkus
Faculty of Workshop “Combat Trauma: Boot Camp for Clinicians”

Kathryn Basham PhD, LICSW: Kathryn Basham is Professor, Co-Director of the Doctoral Program and Editor of Smith College Studies in Social Work at the Smith College School for Social Work in Northampton, MA. After participating in two congressionally mandated committees in the past few years, Dr. Basham was involved in co-authoring two texts published by the Institute of Medicine, National Academies of Science titled PTSD: Diagnosis and Treatment and Physiologic, Psychological and Psychosocial Effects of Deployment Stress. She is currently working with another IOM committee devoted to exploring the scope of practice that is necessary to effectively work with service members and their family members. She has presented her research and practice with post-deployment couples in a range of settings including academic programs, the Canadian Forces and a range of professional organizations. In Fall, 2009, she anticipates the publication of a special double issue of the Smith College Studies in Social Work that she edited. This compendium of articles is devoted to a full range of papers presented at our Combat Stress conference offered at SCSSW in Noho, MA in the summer, 2008. She maintains a clinical practice in Northampton, MA specializing in psychotherapy with couples, individuals and families.

LTC Mark Brown, M.D.: Dr. Brown is the senior fellow in the Disaster and Preventive Psychiatry Fellowship, Uniformed Services University of the Health Sciences. He is an active duty psychiatrist in the U.S. Army. His research interests include the role of stigma as a barrier to mental health care, as well as childhood responses to psychological trauma. Prior to fellowship training, LTC Brown served in a variety of clinical roles at Ft. Bliss, Texas, and deployed in support of Operation Iraqi Freedom as a combat stress control psychiatrist.

Victoria Bruner, LCSW-C, RN, BETS: Ms. Victoria Bruner. Director of Clinical Education, Deployment Health Clinical Center, Defense Centers of Excellence for Psychological Health and TBI at Walter Reed Army Medical Center is a specialist in combat post-traumatic stress and compassion fatigue. DHCC Positions: Operation Solace post 9-11 (Pentagon and Ft. Myer), Clinical Coordinator NIMH/DoD pilot Study, “Cognitive Behavioral Intervention for Victims of Mass Violence”, Study Therapist DoD/VA “Women in the Military with PTSD”, trauma therapist for the Specialized Care Program Track II for Combat Related Post Traumatic Stress and currently Director of Clinical Education and Training. Prior to joining DHCC, she was a private practitioner for 30 years, consultant for UNICEF, FEMA, and the International Chiefs of Police. Academic positions assistant professor at the University of Iowa Graduate School of Social Work and Department of Behavioral Medicine and Public Health Studies at Des Moines University’s Osteopathic Medical School. She holds a BA Washburn University (Psychology) and Master’s Degree in Clinical Social Work from the University of Iowa. She founded a child and family therapy institute, is a Board Certified Expert in Traumatic Stress, Certified Compassion Fatigue Therapist and Advanced EMDR Therapist.

Jeffrey Jay PhD: Dr. Jay, a clinical and forensic psychologist, began working with young Vietnam Veterans in 1970 prior to the initiation of the PTSD diagnosis. He founded The Center For Posttraumatic Stress Studies and Treatment, and Back In The World, one of the first independent programs for Vietnam veterans and their families. He was a first responder at the Pentagon on 9/11, produced a television show on Hurricane Katrina for the PBS station in New Orleans, and regularly provides expert testimony in the evaluation of victims of torture. He is primarily interested in treatment models, how treatments change, and what we learn from the treatment we provide. He has just completed thirty years on the clinical faculty as an Associate Professor at the George Washington University School of Medicine. He maintains a private practice in Washington, DC.

Barbara Leiner MSW, LCSW-C: Ms. Barbara Leiner is a social worker on the faculty of the Child and Adolescent Psychiatry Fellowship at Walter Reed Army Medical Center in Washington, D.C. She is an academic instructor and clinical supervisor for all levels of psychiatric and social work trainees. Ms. Leiner treats children of active duty, deployed, injured and retired service members and has recently completed a paper entitled “The legacy of war: an intergenerational perspective” which will be published this fall in the Smith College Studies in Social Work. Ms Leiner has coauthored a chapter entitled “Deployment and the family” in a military psychiatry textbook entitled Combat and Operational Behavioral Health. In addition to her work with military families, Ms Leiner has worked children and families across a broad continuum of public and private healthcare, educational and legal systems

Lorie Morris, PsyD: Lorie Morris retired from the United States Army in 1996, where her primary duties were as a helicopter pilot and aviation logistics officer. She received her Psy.D. in clinical psychology from Argosy University/DC in 2002. Dr. Morris’ clinical interests include combat and sexual trauma recovery, ethics, and providing clinical supervision. She currently manages a 10-bed PTSD/SUD residential recovery program at the Baltimore VA, coordinates the VA Maryland psychology externship training program, and provides outpatient services for veterans. Dr. Morris has formal training in prolonged exposure, cognitive
processing therapy, acceptance and commitment therapy, seeking safety, dialectical behavior therapy, and other empirically-based cognitive behavioral therapies for treatment of PTSD. She has been Acting Coordinator of the Trauma Recovery Programs for VA Maryland since June 2008; in her spare time, Lorie plays the trombone badly.

**LCOR Patcho Santiago, M.D.:** Dr. Santiago is an active duty psychiatrist in the U.S. Navy stationed at the Uniformed Services University of the Health Sciences (USUHS) in Bethesda, Maryland. After internship and residency at Naval Medical Center San Diego, he was assigned as a Staff Psychiatrist at Naval Hospital Camp Pendleton, California. From there, he deployed to Camp Arifjan with the Expeditionary Medical Facility - Kuwait. He earned a Masters in Public Health in 2008 as part of a fellowship in Disaster and Preventive Psychiatry at USUHS, completed in 2009. Dr. Santiago’s military awards include the Navy and Marine Corps Commendation and the Navy and Marine Corps Achievement Medal for his work at Camp Pendleton and EMF-Kuwait, respectively. In 2009, he won the Al Glass Award from the Society of Uniformed Services Psychiatrists for outstanding research in military psychiatry.

**LTC Jeffrey Yarvis, PhD, LCSW, MS:** Dr. Yarvis was recently selected to be the first Integrated Service Chief of the new Walter Reed National Medical Center Adult Outpatient Behavioral Health Clinic. He currently serves as an Assistant Professor of Family Medicine and Director of Social Work at the Uniformed Services University of the Health Sciences in Bethesda, MD where he heads up a Practiced Based Research Network. For his academic and clinical efforts on PTSD he was named Uniformed Services and US Army Social Worker of the Year (2008) and inducted in to the Order of Military Medical Merit and his high school hall of fame. A noted military scholar with over 22 years of service, Dr. Yarvis has presented his work at numerous international medical conferences and has published his work on traumatic stress in several peer reviewed journals and published a book on subthreshold PTSD. He is currently writing several book chapters in a new publication on military psychiatry in collaboration with the National Center for PTSD and the Office of the Army Surgeon General. LTC Yarvis holds the following degrees: BA-Indiana University, MEd-Cambridge College, MSW-Boston College, and PhD-The University of Georgia and is a graduate of the US Army’s Command and General Staff College. His doctoral research was conducted with Veterans Affairs Canada on posttraumatic stress disorder. Among his numerous decorations and commendations for years of service and multiple deployments, LTC Yarvis has received the Bronze Star Medal and the Combat Action Badge for distinguished service under fire.