



WASHINGTON PSYCHIATRIC SOCIETY NEWS

MAR/APR 2011



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Avram Mack, MD, FAPA

Executive Director

Patricia H. Troy, M.Ed, CAE

INTERVIEW WITH ROBERT KEISLING, MD, DLFAPA, INCOMING WPS PRESIDENT

AS WPS PRESIDENT, WHAT WILL BE YOUR TOP PRIORITIES?

The top priority will be fighting the budgets cuts that will threaten services to our most vulnerable citizens. We don't need more mentally ill people in jails and prisons or on the street or dying in their 40's and 50's from preventable causes. Cutting outpatient psychiatric services will cost the taxpayers money. We have good scientific evidence to support what we do.

TELL US A BIT ABOUT YOUR BACKGROUND.

I've done it all over the past 40 years. Inpatient, outpatient, emergency psychiatry, forensic, primary care and now I'm working on an act team with homeless mentally ill folks.

WHAT DO YOU THINK ARE THE BIGGEST ISSUES FACING WPS IN THE YEAR AHEAD?

We have to live within our means and still advocate for the things we believe in. That means I'm going to be asking lots of people to volunteer their time.

WHAT IS YOUR VISION FOR APA AND PSYCHIATRY?

I think the APA should focus on bringing psychiatry back into the mainstream of medicine. What we do is every bit as important as any other branch of medicine. We have as much science and evidence behind us as anybody else in healthcare. We should be spending more than 5% of the healthcare dollar on mental health services because our illnesses cause more than 5% of the damage.

WPS Election Results Announced

Election 2011

The Teller's Committee consisted of: Steven Lipsius, MD, DLFAPA - chair; Molly Strauss, MD, FAPA, C. Prasad, PhD, MD. The officers elected below will begin terms in May 2011, following the APA meeting.

President-Elect

Avram Mack, MD, FAPA-113*;
Gustavo Goldstein, MD,
DFAPA-86

Secretary

Kayla Pope, JD, MD-137*;
F. J. Pepper, MD, DLFAPA-59

At-Large Representatives (elect 2):

Janice Hutchinson, MD, FAPA-
151*,
Michael Knable, DO, FAPA
-129*

Early Career Psychiatrist (elect 1)

Aeva Gaymon-Doomes, MD
-163*

MITs (Elect 4)

GW: Sanaz Kumar, MD-
162*;
GT: Nevin Arora, MD-170*;
Howard: Edward Radden,
MD-155*;
St. Elizabeths: Anupam
Jha, MD-157*

Chapter Officers

District of Columbia

President: Yavar Moghimi,
MD-60*;
Secretary: Ashley Hilliard,
MD-56*;
Treasurer: Humaira Siddiqi,
MD-56*

Chapter Officers (MD)

President: Harold Eist, MD,
DLFAPA-68*;
Treasurer/Secretary:
Marilou Tabang Jimenez,
MD, DFAPA-67*;
Legislative Representative:
Shira Rubinstein, MD,
DFAPA-69*

Chapter Officers (VA)

President: Valerie Buyse,
MD, LFAPA-47*;
Secretary/Treasurer: Chris
Santangelo, MD, FAPA-42*

BYLAWS – PASSED

Yes-166; No-14

*Elected



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APA Fellow and Distinguished
Fellow



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THE PRESIDENT'S COLUMN

By ELIZABETH MORRISON, MD, FAPA

CULTIVATING THE WPS GARDEN



The thing I like about gardening is this: I may start a project with one plan of attack, but as I get into the job, other solutions reveal themselves, in ways I couldn't have imagined in the beginning. I have a tall shrub that, following my enthusiastic effort to develop a graceful vase shape, ultimately splayed down the middle from heavy rains on its weighty inflorescences. So, armed with various gardening appliances, I set out to repair the damage. Seeing no other way, I planned to do some serious pruning. As I set about my arboreal surgery, a less drastic orthopedic approach dawned on me. Taking some Velcro-backed tomato staking tape, I found I could draw opposing branches together, bringing each closer to the shrub's center. I repeated the strategy with half a dozen such pairs. My hope now is that this less drastic approach will allow existing branches to grow stronger and more upright in their newly splinted positions, and that next year I will be able to remove the splint. We will see. Ask me next year.

The process of leading the WPS has parallels to my gardening parable. I set out this year to engage the board in a review of our Bylaws and Ethics procedures. This work, lead by Kayla Pope, MD, J.D. and Catherine May, MD, began in the heat of last summer. Once immersed in these projects, we found that the splinting approach worked with the Ethics revisions, bringing them into compliance with the Ethics procedures of the APA. Alas, the Bylaws needed, not splinting, but major surgery. After many revisions and

input from the board at many meetings and presentations, and review at the rejuvenated Annual Meeting, you, the membership, voted to adopt these new Bylaws. Thank you. Now, should you have a question regarding WPS, please do consult these Bylaws, now posted at www.dcpsych.org.

Wait. The work is not yet done. Again, under the leadership of Kayla Pope, we are developing a manual of WPS Policies and Procedures. These will codify how we go about our day to day business, will assist us with maintaining our institutional memory, and can be modified as needed without needing to redo our constitutional bylaws. Whereas the Bylaws are our roots, trunk and branches, the Policies and Procedures are more like our leaves and flowers, and can more easily evolve and adapt to changing conditions.

Alongside this work on WPS' infrastructure, board members and committee members have been active in carrying out the missions of our professional organization. The CME committee, lead by Chair Molly Strauss, MD, and administrative support from Christine Cotter, has created numerous opportunities for education and collegiality. The Membership committee, lead by Co-Chairs Jane Jackson, MD and Darryl Smith, MD, with administrative support from Jane Martin, has had a banner year reaching out to members. To those of us eligible to apply for Fellow and Distinguished Fellow status, they exhort us to apply and shepherd our applications along. The Executive Committee* has met monthly to review the upcoming board meeting agenda, streamline it, as well as to be available to act on behalf of the entire board should the need arise. The work of the Executive Committee has allowed the monthly board meetings to proceed in a more focused and efficient manner.

New this year, the Reference Committee—chaired by William Lawson, MD and Avram Mack, MD—reviews action papers that are submitted to the board for potential approval. The Reference Committee's work has enhanced the Board's review process by summarizing the papers and making preliminary recommendations for the board's consideration as it votes yea or nay. If an action paper is approved by the board, it goes forward to APA Assembly for potential adoption. Roger Peele, MD remains our most prolific

author of action papers and probably one of the most prolific within the APA's Assembly. Our assembly representatives Roger Peele, MD, Eliot Sorel, MD and Catherine May, MD never wallflowers, represent a formidable force at APA Assembly meetings.

This is a milestone year for the WPS newsletter. Judith Nowak, MD, our editor for TNTC years stepped down this spring. I am grateful and appreciative of Judith's hard work, diligence and reliability over so many years. Hers are large shoes for WPS to now fill. The newly appointed Communications Committee, lead by our secretary and upcoming president-elect, Avram Mack, MD, is in the early stages of reviewing our entire communications procedures. We are fortunate that our executive director, Pat Troy, has cutting edge knowledge of communications technology and strategy in this age of cyberspace and paper media.

An ongoing dialogue within the board but especially with our three Chapters' elected officials has been a review of our lobbying efforts. WPS is unique because we cover three distinct political jurisdictions, each carrying its own set of legislative issues and agendas. WPS thus supports three separate lobbying efforts. Is your head spinning? As president, mine certainly was as I strove to understand how this all fits together. We are in the process of improving the transparency and accountability of each of these lobbying efforts, both to its Chapter members and to the board as a whole. I have pressed for written reports from our lobbyists, to be included in both our minutes and our newsletter.

I am grateful for the support and hard work of many Board and Committee members. So many are committed, passionate and hard-working individuals. I have made many requests and demands of Board and Committee members over this past year. Now I have one request to you, WPS members: When you have occasion to interact with Board or Committee members, do me a favor. Thank them.

** The Executive Committee consists of the president, immediate past president, president-elect, secretary, and treasurer of WPS and of the presidents of the three chapters of WPS, which represent Northern Virginia, the District of Columbia and suburban Maryland*

SOME THINGS **NEVER** CHANGE



BUT, SOME THINGS DO.

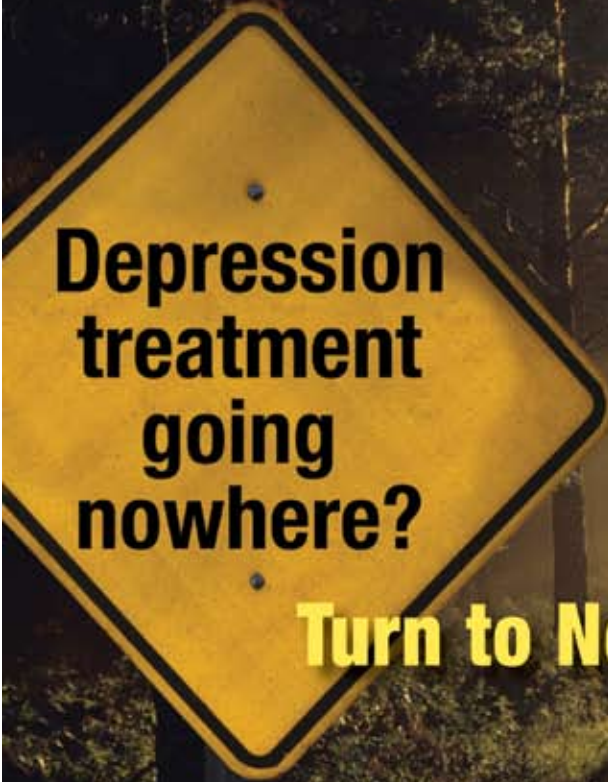
The American Psychiatric Association after many years with the same company has changed to a new medical malpractice insurance carrier – and if you are currently enrolled in the old program, it is important that you know your renewal is not automatic. We also think you should be aware that there is only one malpractice program in the nation endorsed by the American Psychiatric Association where the coverage is extensive and the rates are low—American Professional Agency, Inc.

To remain enrolled in the only APA-endorsed program monitored by the Association, you must contact American Professional Agency, Inc to do so. If you are not currently enrolled or perhaps considering a change in malpractice insurance carriers, there is no better opportunity or time to change to American Professional Agency, Inc. than now.

So, regardless of when your renewal date is, or who your current carrier might be, we urge you to please visit us on the web at www.apamalpractice.com or call us toll free at 877-740-1777 and make a change for the better to American Professional Agency, Inc.



American Professional Agency, Inc.
www.apamalpractice.com



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SCENES FROM THE PRESIDENT'S EVENT

THE MIND AND MUSIC OF GEORGE GERSHWIN



Top left: Richard Kogan, MD, performing selections from Porgy and Bess and Rhapsody in Blue; Top right: Elizabeth Morrison, MD, FAPA; Middle right: Catherine May, DFAPA; Bottom left: Richard Kogan, MD, lecturing on the connection between Gershwin's psyche and his music. Bottom right: Steven Lipsius, MD, DLFAPA and Joan Kinlan, DLFAPA

More than just medical malpractice insurance...

You need a medical professional liability insurance program that is more than just a policy. To safeguard your practice and reputation, you need **a real program** that includes proactive risk management resources and strategies, offers expert advice on call, and boasts a proven claims defense record.

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*may vary by state

Obituaries

Margery B. Wile



Margery B. Wile, who died January 6, 2011, at the age of 98, graduated from the University Of Chicago Medical School in 1935, one of a half handful of women. The children of a physician, she and her brother were encouraged to apply to medical school by their father who was, at the time, Chief of Surgery at Mt. Sinai Hospital in Cleveland. Her brother, William H. Bland, became a pioneer in the field of Nuclear Medicine. Dr. Wile worked in pathology in Chicago and Boston.

After World War II, when her family settled in the New York City area, she took a psychiatric residency at what was then Hillside Hospital in Queens, New York. She also studied at the Post Graduate School for Psychotherapy and the William Alanson White Institute where she was supervised by Clara Thompson. She maintained a private practice with offices on Long Island and in Manhattan. She later practiced in Washington, D.C. for about twenty-five years. During that time she also headed a project working to improve junior high schools for the D.C. School District.

Dr. Wile married Howard P. Wile in 1935. During their fifty-eight years together, they travelled extensively and played golf and bridge. Both of their children followed her into the mental health field. Daniel Wile, PhD, is a psychologist and Eleanor Wile Bulova is a master's level social worker. Dr. Wile had two grandchildren, Susan O'Donnell, PhD, and Peter Bulova, MD and five great grandchildren.

After her husband died, Dr. Wile moved to Philadelphia where she was living at the time of her death.

Dr. Suzanne M. Pitts

Dr. Suzanne M. Pitts, of Warrenton, VA, died on Saturday, January 15, 2011 from ovarian cancer. Born December 29, 1948, in Washington, D.C., she graduated from Bethesda Chevy Chase High School in 1966, received her B.S. Degree from the University of Maryland in 1971 and completed her MD and Psychiatric residency at George Washington University in 1997. She practiced in Warrenton and Culpeper, VA, from 1997, and from 2004 until 2009 served inmates at Coffeewood Prison in Mitchells, VA. Survived by her son, Dustin Pitts Poms, father Harry and stepmother Carol Pitts, and siblings Harry, Andrew, Douglas and Mathew and beloved nieces and nephews too numerous to list. She gave tirelessly to all around her, and a part of her remains with each of us. Wake to be held at the Unitarian Universalist Church of Loudon on Saturday, January 22, at 1 p.m. In lieu of flowers, the family requests donations in her name to Capital Hospice, www.capitalhospice.org

Frances K. Millican, psychiatrist

Frances K. Millican, 92, who ran a private psychiatry practice in Bethesda from 1956 until her retirement in 2004, died March 4 of a heart attack at an assisted living facility in Seattle. In addition to operating her practice, Dr. Millican was a professor of psychiatry at Georgetown University and, for more than 20 years, a research and faculty consultant at Children's National Medical Center in Washington.

Mary Frances Kennedy was born in Steubenville, Ohio, and graduated in 1938 from Peabody College, now a part of Vanderbilt University in Nashville. She received a master's degree in 1946 and a medical degree in 1948, both from what is now the University of Tennessee Health Science Center in Memphis.

Dr. Millican was a member of the American Psychiatric Association and served as president of the Washington Psychoanalytic Society, from 1981 to 1983.

R. Carl Millican, her husband of 19 years, died in 1964.

Survivors include three daughters, Jean Millican and Adrienne Millican, both of Seattle, and Carol Millican of Los Angeles; and four grandchildren.

Save the Date

for these Upcoming
WPS CME events!



Scheduled for Saturday, Sept. 24 from
8:30 AM-1 PM.

Topic One: **Compulsive Hoarding**
Speaker: **Elspeth N. Bell, PhD**

Topic Two: **The Public Mental
Health System**
Speaker: **Elspeth Cameron Ritchie,
MD, MPH**
Suburban Hospital
8600 Old Georgetown Rd • Bethesda
For more information, please go to
www.dcpsych.org

SALON SERIES

Peter Schmidt, MD will discuss
Reproductive Endocrinology at a
salon on Thursday, October 13 from
6:30-8:30 PM. Location: TBA

Richard Waugamam, MD, will
discuss *Shakespeare, Freud and
Implications for Psychiatry* at a
salon on Thursday, November 3
from 6:30-8:30 PM. Location: TBA

For more information, please go to
www.dcpsych.org

Communications Committee:
As Secretary, Dr. Avram Mack has been the leader of the communications committee, which recently was charged by Dr. Morrison to make a focused assessment of the communications of WPS. Since Dr. Mack encouraged the committee to think "out of the box" the group will be reviewing how WPS communicates internally, externally, as well as the technical aspects behind those activities. While the use of social media is one consideration, others include improvements in use of list-serves, the documentation of institutional memory, and enhancing the outreach to trainees. The committee thanks its members including Drs. Joan Kinlan, Alan Newman, Brian Doyle, Maheen Patel, William Lawson and Maureen Donnelly and should make progress later in 2011!

Classified Ads

Office Space Available

Pleasant, well-lit, spacious office space w/closet, mailroom and waiting room in lovely building near Silver Spring metro, accessible to major cross streets & Beltway. Reasonable rates. Mon & Thurs AM, all day Tues & Sat available now; Fri PM avail after July 1. Call Shira Rubinstein 301-585-2909.

Office for rent in Foggy Bottom: Available July 1st. Large, sunny office in suite with another psychiatrist one block from the Metro. Parking available. Please call 202-785-2830.

Positions Available

Psychiatrist wanted FT/PT; BC/BE. Congenial psychiatric group practice. Adolescents, Adults and Comprehensive Behavioral Services. Excellent Support staff. Fax 301-869-7760 or call 301-590-9000

PT psychiatrist needed in well established psych practice, Gaithersburg, MD, 10-20 hrs. per wk to treat adoloes/adults. Schedule flexible, Board Certified only, experience in meds mgmt a must. Mail CV to GMPS 9055 Shady Grove Court, Gaithersburg, MD 20877 or email to glassermedical@verizon.net

Full time psychiatrist position at The Univ. of Maryland, CP - Health Center. Primarily responsible for prevention, diagnosis and treatment of mental health disorders in college students. Team oriented approach. Apply online: <https://jobs.umd.edu/applicants/Central?quickfind=53934>; posting #100375.

Board Certified/Board Eligible general psychiatrist for an adult inpatient facility in Carroll County, MD. 27 paid days off 1st year & excellent retirement program. Interested? Contact Sonya Malloy, Vice President, Crosby Corporation at 301-537-6151 or smalloy@crobycorp.com.

Psychiatrist(s) sought 5-15 hours/week. Innovative collaborative care program providing integrated services in primary care settings to uninsured adults. Provide consultation to interdisciplinary team and direct services to patients. Apply to: jennifer_pauk@primarycarecoalition.org

Part-time (5-10 hours) psychopharm help needed in downtown DC practice. Fax resume to 202-775-1185, Attn: Meghan



Washington Psychiatric Society

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Become a Fellow and Distinguished Fellow of the American Psychiatric Association

APA DISTINGUISHED FELLOW INVITATION

We invite those eligible for designation of APA Distinguished Fellow (DFAPA) to apply through WPS as soon as possible. To apply, you need to be a General or Fellow member for at least 8 years and provide at least 3 recommendation letters from Distinguished Fellows or Distinguished Life Fellows. **WE NEED TO RECEIVE YOUR COMPLETED APPLICATION AND RECOMMENDATION LETTERS BY JUNE 15, 2011.** Please contact Jane Martin, Director of Member Services at janemartinso@yahoo.com or 410-626-1182 for more information.

Distinguished Fellow is the highest membership honor the APA bestows upon members. New Distinguished Fellows are honored each year at the APA Annual Meeting during the Convocation of Distinguished Fellows. Each Distinguished Fellow receives the following Medallion:



APA FELLOW INVITATION

We invite those eligible for designation of APA Fellow (FAPA) to apply through WPS as soon as possible. To apply, you need to be a General member for at least 5 years and board certified. **WE NEED TO RECEIVE YOUR COMPLETED APPLICATION (NO REFERRAL LETTERS NEEDED) BY JULY 15, 2011.**

Please contact Jane Martin, Director of Member Services at janemartinso@yahoo.com or 410-626-1182 for more information.

Fellow status is an honor that reflects your dedication to the work of the APA and signifies your allegiance to the psychiatric profession.



MEMBERSHIP COMMITTEE INVITE

JOIN DYNAMIC COMMITTEE:
WANT TO ASSIST WITH “GROWING” THE WPS, ENCOURAGING MEMBERS TO BECOME FELLOWS AND DISTINGUISHED FELLOWS, AND INSPIRING EXISTING MEMBERS?

THEN JOIN THE MEMBERSHIP COMMITTEE!

We are looking for members who like to interact with others and who enjoy seeing immediate results to their efforts. You can also become a WPS Ambassador through this Committee. Please join us! Dr. Jane Jackson, MD, FAPA, and Dr. Darryl Smith, MD, Co-Chairs. For more information, contact Jane Martin, Dir of Member Services: janemartinso@yahoo.com / direct 410-626-1182